

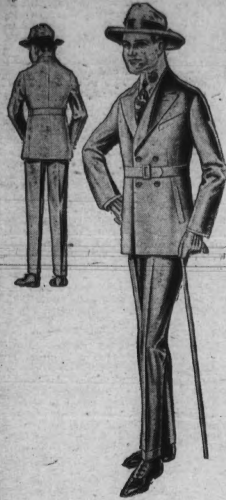
# THE COLEMAN BULLETIN

VOLUME VI.

COLEMAN, (Alberta) FRIDAY, AUG. 30, 1918

NUMBER 13

## MEN'S SUITS



We have three large ranges of New Samples of Special Order Clothing

**The House of Hobberlin**

**Fit-Reform and Fit-Rite**

are the Best Houses in Canada and are noted for their excellent Fit, Styles and Values.

Call and see the samples before all the best ones are sold out.

**Cecil Gower**

THE MEN'S STORE

COLEMAN, ALTA.

## Stocktaking Sale!

We have no Old Goods to offer you, but in order to make room for FALL DELIVERIES which are arriving daily, we will sell all Dry Goods, Boots, Shoes and Gent's Furnishings, on Saturday and Monday at

### 10 P.C. Off!

Don't Miss This Opportunity.



Blue Plums	Flour	\$5.75
Oranges	Sugar	2.35
Bananas	Tea	.50
Apples	Coffee	.50
Lemons	Butter	.55
Pears	Jams	1.00
Fresh Tomatoes	Canned Fruit	.20

**The Western Canadian Co-Operative Trading Company, Limited**

J. B. STEWART

MANAGER

### COMMUNICATIONS

(The Bulletin is not responsible for the opinions of correspondents.)

#### RE SCHOOL

Coleman, Aug. 28th, 1918.

Editor of Bulletin:

Dear Sir,—Permit me on behalf of the Staff to express our sincere thanks for the very kind words of the Bulletin of August 23rd for the work of the Coleman School etc. Such appreciation cannot but stimulate the present staff to their best efforts in the term now beginning.

I wish also to make a correction and explanation of your report of the Departmental Examinations. The names of Fred Lees and Olga Wolholm should have been in the list of those passing in Grade IX Examination which was on British History only. The class of eight were examined on all other subjects by their teacher and were successful. The one failure in History was at least third from the foot of the class on the general average in spite of very indifferent health much of the winter.

Of the eight who wrote on Grade VIII but two had spent a year in Grade VII having been incorporated in Grade VIII because of lack of room in Miss Atkinson's room last year. However two of the six thus promoted passed the VIII Examination.

These but illustrate the fact, well known but often forgotten that there are occasional pupils who will do two years work in one year, and also others who require two years or more to do what is assigned for one year, and the teacher may be as little responsible for the one as the other.

The failure or success of a pupil depends very largely upon their ability and application of themselves to their studies.

Thanking you for this space,

Gratefully yours,  
W. S. BLACK,  
Principal.

#### HONOR ROLL IN SCHOOL

Editor Coleman Bulletin:

Sir,—With reference to the letter in your paper from Harry W. Clark suggesting a roll of honor be placed in the Coleman public school, the Board and myself will be only too pleased to support such a patriotic and worthy idea and I would ask prior to the definite arrangements being made that the relatives of any boys who have been through the school and who are now serving or have served in the war be handed in to me.

We shall endeavor to get all the names and the following are those already known. It will be a great help if any of our citizens will inform me of any other boys or of inaccuracies in the list: Jules Guerin, Harry W. Clark, Edwin Neil, Arthur E. Graham, Frank H. Graham, Warren Porter, Gaspard Henri, Achille Convey, Fernie Beck, Louis Brennan, Hugh Riddell, Harold Johnson, Herbert Williams, John Jenkins, Alex. Easton, Percy Unsworth, Clement Grewcutt, Fred Cox, Harry Leary, Frank Leary, John Williams, James Stene, John Stafford, Charles Mitchell, Wilfred Maggs, Ernest Blais.

Yours truly,  
ALEX. CAMERON,  
Chairman School Board.

Applications for enlistment in the Siberian Expeditionary Force being formed in this district are being received by Lt. Hardisty, Service Camp, Alta. Applicants must be A2. Preference will be given to men who have had Overseas experience. Infantry can be enlisted at once. Applications will also be received for men for the Artillery, Engineers, Signallers, qualified machine gun men, Army Medical Corps and Army Service Corps. These however, will have to be forwarded to Ottawa through District Headquarters, and will take some time to get a definite ruling on. Applicants should apply in person to Lt. Hardisty, who will have them medically examined.

Owing to the pacifist attitude of Lord Lansdowne, the agitation to change the name of Lansdowne Avenue, a residential street in Parkdale, Toronto, has reached such a stage that the mayor announces he will move in the board of control that the street in future be called Lloyd George Avenue or road, in honor of the great British champion of liberty.

A fall accident occurred at Chapice Lake, near Medicine Hat when R. Matsen was engaged with his two sons in lifting the cribbing out of a well with a windlass when the handle of the crank broke and the crank flying around struck him on the head, rendering him unconscious, later he died.

Canadian Cassinette since Aug. 1st number 10,482.

### Letter From The Front

The following letter from Arthur E. Graham to his parents here will prove interesting to Bulletin readers:

"Dominion Day the corps' sports Championships were held, and it was some show, believe me. I was Johnny-on-the-spot and met all kinds of fellows from Nelson. Met Charlie Higgins in the crowd, he is looking well. I hadn't seen him since my last leave in May 1915. He is in the corps cable section. Also met Clyde Emory and Ralph Carey, both Corporals now; 'Buster' Armbrister a bombing officer for a B. C. outfit, and several others. Had a long chat with 'Buster' the first in nearly three years, so we had lots of gas to put over on one another. We had all kinds of sports, including base-ball foot-ball, etc., etc. Also a flying machine came along. And the flyer gave an exhibition. He could do everything with that machine but stand still, he had wonderful control of it. He was some stunt-er alright."

We were inspected by Sir Robert Borden, who gave us a little talk, he described us as the first "line of battle" and the people at home as the second line, I rather felt like telling him I'd like to be in reserve in that second line for a change. One bunch asked him about leave and he told them that they had "indefinite" leave to beat the Hun off the face of the earth. Some "Leave." We don't have to ask anyone's permission for that kind, we take it, if you don't believe me ask Mr. Hun.

The parcels have arrived except the one containing the Lemon Cheese guess it came to grief. Another score to settle with the Hun, perhaps. The weather has been very warm and as a result the roads are very dusty, but rather than rain and mud. It is easier to cool off than to warm up and it is often very cold when it rains, at any rate one notices it more than when at home. It is great weather for baseball and we take advantage of it, believe me. We are in a very pretty part of the country just now. The fields are all in crop of some kind, and there are lots of trees. The villages are very clean and as a rule the billets are pretty decent. The farmers had cut their hay comparatively very sweet, when one is in a barn. There was a time when I had no idea what a barn was. I was very glad to live in a barn—often a rather ramshackle one at that, such are the vagaries of life. You see Frank is not the only one in a barn; likely he had blankets, but we being "fighting" men and "tough guys" pull our great coats over us, lie down in the straw or hay if we are lucky enough to get any and sleep better than we did at home on our Osternooms with blankets and all the trimmings, but when one does strike a real bed—why it just seems like heaven.

In the trenches, if one is in a dug-out, there are bunkers with chickens stretched across one. A bit drafty but one manages. If in a funk-hole—which is a hole big enough for two or three, usually dug into the side of a trench, one sleeps on the ground. They are usually covered with corrugated iron, or canvas, according to what one can get, and are very warm even in cold weather—more cozy than dug-outs in fact, but not so bombproof. The trouble is that if a fellow takes his boots off he hasn't always the chance in the line he has to take them out in the trench before he can turn around, and it doesn't tend to comfort when someone comes along a slippery trench with water cans, loses his footing and plants himself upon poor respectable person with a can on your neck and another bang against your shins. If by chance he is an N. C. O. right there and then you lay yourself open to the grave charge of using improper and insulting language to your superior officer.

A little incident peculiar to signalling—the Adjutant at headquarters hands you a message to send to "Pip-Ack" asking the estimable company commander there why his certificate has not been sent in stating that the man has changed their socks. You call up "Pip-Ack's" confidently at first, then warm up to your work as you receive no reply, all the while explaining to those around what your personal opinion of "Pip-Ack's" signallers is. Finally the thought strikes you that the line may be out, and you call the line men. It is raining and they splash up the trench "lapping in" on the line every so far as they go along running the line through the mud. As they near some funk-holes the line disappears abruptly. After a long search they find the other end (Continued on last page).

## This Space Reserved

For The

## Canadian Bank of Commerce

## FISHING TACKLE

This year we have secured a very complete line of Fishing Tackle. We are sure we can satisfy you.

**H. C. MCBURNEY - Druggist**

OUR STOCK OF

## -- Fresh and Cured Meats --

is at all times the very best that can be procured, and includes the best brands of Bacon, Hams, etc., on the market. If you are not already a customer of ours give us a trial. We can please you.

**The V. H. LOWDEN CO.**

Canada Food Board License No. 9 2046

## AT EASTON'S

A large shipment of "SPORT" and "PANAMA" Hats just arrived.

Also a nice assortment of LACED HATS for Children.

Hats & Trimmings in stock before this last shipment

ON SALE AT

### 10 p.c. Discount.

## Italian Co-Op.

New Apples, 5 lbs. for	25
New Spuds, 5 lbs. for	25
New Cauliflower, 3 lbs for	25
New Cabbage (Fresh), 3 lbs for	25
Tea and Coffee, 33 to	45
Tea Red Rose,	50
Other Brands, 45 to	65

WE PAY THE TAX

Overalls, per pair	\$1.75
Overall Coats	1.75







# The Coleman Bulletin

PUBLISHED EVERY FRIDAY AT THE OFFICE OF  
THE BULLETIN, SPokane, WASH.  
COLEMAN, ALBERTA.

**SUBSCRIPTIONS**—To any part of Canada \$2.00 per year; to points outside the Dominion \$2.50 per year.

**JOE PRINTING**—Our equipment is up-to-date and in first-class shape. It is the only press plant in the Great West Press and is therefore the only plant that can produce First-Class Work Promptly and at Reasonable Prices. A post card will bring our representative to you.

**ADVERTISING**—Legal Notices and Municipal, advertising 10¢ per line for first insertion and 5¢ per line for each subsequent insertion. Twelve lines to the inch.

**BUSINESS LOCALS**—10¢ per cent line.

**DISPLAY ADVERTISING**—Rates on application.

**CHANGES**—For changes or alterations of Display Advertisements must reach this office not later than Tuesday Forenoon of each week, and any such copy arriving after that time will be held over till the following week.

B. N. WOODHULL, Editor and Publisher.

COLEMAN, ALBERTA, FRIDAY, APR. 20, 1918

## Editorial Comment

### TOO OPTIMISTIC

The press reports of the last few weeks coupled with prophecies by such noted men as President Clemenceau of France that the war would be won in a year, caused a general feeling of optimism in regard to the progress of the war, which, while justified to a certain extent, would appear to be growing beyond the safety mark. The repetition in the press reports of the number of prisoners taken, the losses of the enemy in killed and wounded and the number of guns and the amount of war material captured, frequently gives them an exaggerated value in the lay mind. Continued suggestions since the war began of internal troubles in the central Empires and shortage of food and other war supplies have made good reading for the people of the allied countries, but have been but very slightly in evidence on the fighting lines. The New York Times sums up the situation very comprehensively as follows:

"The forces of this year undoubtedly show that the war is still a tremendous and unexplored foe. No British officer ever dreamed that important towns Belgium and Albert would ever return to the hands of the Allies, or that he would ever see the old line on the Somme from which we had displaced him."

It is difficult to comprehend the cause of the persistent optimism which leads us every to think the war will shortly be over. No reason is suggested. Let us consider the facts:

Germany has subjugated Russia, Finland, Poland, Rumania, Serbia, Montenegro, and the Ukraine. She has secured enormous territorial and economic conquests. She has taken all and more than she set out to achieve in the eastern front; she has side and millions of seasoned troops for service on the western front. She has in her possession practically the whole of Belgium and the best part of Northern France. Is Germany likely to give up these tangible evidences of victory without the famous, sure, cautious, and long-drawn-out strategy? Why should she? On the other hand, are the Allies prepared to allow Germany to maintain the extraordinary result of her victory and conquest? There can be no peace without a peace conference, and what possibility is there, with such divergent and conflicting views of reaching finality? Besides, the Allies have pledged themselves to victory, and Germany, although once certainly doomed to eventual defeat, is still far from vanquished.

It is, therefore, almost to order to war-weariness, to diminished morale, internal revolution, and financial disintegration. These are exploded myths which have done duty since the very beginning of the war.

There is only one sure way to victory—to be prepared for a long and arduous war. The Allied soldier is up against forty years of military preparation of the most efficient and various character; of resources carried out with system and deliberation; of provisions obtained by pilferage as well as practical grounds. There is terrible fighting yet to be done; there are many young Quisling Roosevelt who will pay the supreme penalty; but America has a fixed and definite morale, and few of the millions of American soldiers who are to carry out that noble resolve will arrive on the field of battle too late!

The monthly letter issued by the Canadian Bank of Commerce contains figures showing plainly that despite the great curtailment of men power caused by sending men to the front that production has increased wonderfully in practically all staple commodities and also in silver, copper and nickel. This is particularly interesting when the absorption of the returning men after the war is considered. Is it

the speeded up production machinery to fall back in efficiency or are we going to meet a period of over production and consequent stagnation when the war is over? Just what would these half million men have been doing if they had been here this year?

Several incidents have had their place in business closed for short periods for failing to comply with the food board regulations regarding the sale of four substitutes in a certain proportion with flour. While many locations may arise when strict adherence to the order would be embarrassing the customer should under no conditions ask a merchant to expose himself to a severe penalty as well as objectionable publicity by ignoring the rule of substitutes.

So the Kaiser and his advisers have brought together the English-speaking peoples more closely and more rapidly than the Kaiser dreamed after years of bitter hatred. That, as we declared to point out when the President called upon Congress to declare that Germany had made war upon the Republic, is an immense event in the history of the Old World and of the New. The greatest that has happened, except the war itself, since the French Revolution. It is a turning point, and will have consequences both for the British Empire and for the United States in many spheres of thought and of activity—London Times.

Dr. Spurgeon was a crush of Germans to the United States after the war. "No! If we see them first," New York Sun.

### A Message to the Young Men of Canada

Canada needs Trained Men and Women! Whatever be the task confronting the nation, in war or peace, Canada is always in peril of failure so long as the young people of the country are economically unfitted for their tasks.

Never were opportunities so great. Thousands of good-paying positions are waiting in every field of endeavor for men and women trained to fill them—in offices, stores, shops, factories, mines, railroads, on the farms—in all lines of technical, commercial, and agricultural work.

For over 25 years the International Correspondence Schools have been training Canadians. Thousands have been helped to bigger careers through the I.C.S. plan. 6500 are getting ready right now.

Many of the largest employers in the country are interested in the work of the I.C.S. in Canada, and, at their request, are being informed regularly concerning the progress of I.C.S. students among their employees.

You can win success with the aid of the I.C.S. J. F. Parker, of Winnipeg, climbed from a \$40 a month job to a \$6,000 a year income as a Contractor.

Wm. T. Griffiths advanced from carpenter to Superintendent of Construction for Lyall and Sons, Ottawa.

E. H. Moore, Chief Engineer of the Dominion Textile Company, Windsor, and hundreds of Canada's foremost engineers, advertising managers, draftsmen, electricians, and chemists prepared for promotion in spare time through I.C.S. courses.

The I.C.S. can help you, no matter where you live, what hours you work, or how little your schooling.

Mark and mail the coupon today—it will not oblige you in the least but will give you an opportunity to show you how to prepare for a successful career.

## Canada Food Board Says:

In response to the call for increased production the people of the cities, towns, and villages of Canada have made a great sacrifice in the war. Last year it was estimated by the Agricultural Committee that the value of the war garden's produce amounted to something between \$20,000,000 and \$30,000,000. This year Mr. Frederick Adamson, Hon. Chairman of the War Gardens and Vacant Lot Section of the Canada Food Board, after a survey of Canada's war garden reports from coast to coast estimate that this year's production will be two or three times greater than last. On this basis the war garden's of Canada this year have produced somewhere from \$60,000,000 to \$90,000,000 worth of fruit and vegetables. Taking a conservative view of these figures, the war garden's production in Canada for 1918, should be worth about \$70,000,000. It would be a positive shame, if, after all the work, time, money and material spent upon these gardens, a large proportion of the crops were allowed to go to waste for lack of distribution to consumers. It is impossible for the family of the war gardeners to consume it. In many cases, more than a fraction of the vegetables and fruits in gardens has perished. The Canada Food Board has urged war gardeners to use perishable fruits and vegetables in the greatest possible quantity, but many still have grown more than one family can use, even taking into account the interval between now and next harvest, either fresh, canned, dried or stored. Amateur gardeners are numerous cases expressed themselves as unwilling to sell their surplus vegetables and fruits, not caring to take the position of growing garden truck for money. If such gardeners would forewarn their delivery in this matter, recognizing that these are war times, and the shortage of food is well nigh world wide, it would avoid a serious danger of waste. Where they can dispose of their surplus, either by sale or by gifts to their less well situated neighbors, they should take pleasure in doing so. The community as a whole is greatly benefited by being closely knit by the necessities of war. Food production, food storing, food conservation and food distribution are all patriotic services of utmost importance to the whole community.

Little Johnnie, who had been praying for some months for God to send him a baby brother, finally became discouraged. "I don't believe God has sent me a baby brother," he said to his mother. "But I'm going to tell it." Each one morning not long after this he was taken into his mother's room to see twin boys who had arrived in the night. Johnnie regarded them thoughtfully for some minutes. "God," he murmured finally, "it's a good thing I stopped praying when I did."

Dr. Spurgeon was a crush of Germans to the United States after the war. "No! If we see them first," New York Sun.

If you have any spare cash you may wish to buy a few shares of *McGillivray Creek Coal & Coke Co. Ltd.* The stock of this company has been valued at \$100.00 per share. —Canadian Plan.

L. C. Tschernie, Dominion geological field officer, who returned a few days ago from an official visit to Oregon, has reported that the Dominion geological survey is now in progress for an investigation of the lower migratory forest. At outcrop and occurred in some districts in Oregon, and Mr. Tschernie was there in a likelihood of the destructive insects spreading to the province.

### BARGAIN!

Home and garden for sale at a price of \$200, situated on 2nd Street West, just in front of International Hotel. For further information apply to Post Office Box 24, Coleman.

### THE Cabinet Cigar Store

Stationery and Fancy Goods.

M. E. GRAHAM PROPRIETOR

### CANADIAN PACIFIC

CHANGE IN

TRAIN SERVICE

Effective Aug. 20th, 1918 there will be a general change in train service. Times for trains at Coleman will be as follows: No. 67, Coleman, 11:30 a.m. For further particulars apply to any ticket agent. J. E. PIERCE, District Passenger Agent, Calgary.

## McGILLIVRAY CREEK Coal & Coke Co. Ltd

Mine and General Offices:

COLEMAN, ALBERTA

Registry Office

Head Office

Spokane - Wash. Rossland - B.C.

OWNS AND OPERATES

### Carbondale Mine

WHICH PRODUCES AN

Exceptionally High Grade

OF

### STEAM COAL

## KOAL

Remember this: We produce the Coal you want for small houses and large houses, for little steam plants and big steam plants. Give it a trial and see.

International Coal & Coke Co. LIMITED



# We Print You Prosper

Every business man advertises in a number of ways. He decorates his store and the store windows to make them attractive; he endeavors to stock goods to suit the tastes of the customers he expects to serve, and in many other ways endeavors to attract custom. The Bulletin offers the cheapest and most effective means of reaching the public. Is your name written there?



## The Job Printing Department

Will be found fully equipped to turn out anything from a visiting card to a full sheet poster. Our presses are up-to-date, our type faces modern and our workmen are experienced printers. We supply any stock on the market. Our prices are fair.



## Coleman Hotel

(COMFORTABLE)

Best Accommodation in  
Town for Boarders  
Rate \$40 Per Month

Phone 104.

F. BARRINGHAM, Prop.  
**Coleman - Alberta**  
Canada Food Board License No. 19-1301

## Grand Union

HOTEL & RESTAURANT

Short Order Service—Open  
Day and Night  
Board by Month  
Good Service for Transients  
**Chong Sing, Proprietor**  
Canada Food Board License No. 19-118

## GENERAL

### Blacksmithing Woodworking

Prompt attention to all  
orders and satisfaction  
guaranteed. Your patronage  
solicited.

**A. E. Knowles**

## E. DISNEY

LUMBER  
Dealer and  
Contractor

Dealer in Lumber, Sash  
Doors, Shingles, Lath  
Cement and Plaster, etc.

Wall Board and Beaver  
Board always in stock.

Coleman Alberta

Send The Bulletin to your  
friends—good as a weekly letter  
and no trouble to you.



## The Real Proof of a Range

The firebox of your  
range is the first and last  
proof of its usefulness  
and durability.

The Kootenay Range  
firebox is made of tough,  
pure semi-steel—in nine  
pieces to allow expansion  
and contraction and to  
prevent cracking.

SOLD BY

**H. G. Goodeve Co., Ltd.**

McClary's

**Kootenay  
Range**

London St. John, N.B. Toronto Calgary Montreal Winnipeg Vancouver  
Edmonton Saskatoon

## T. W. DAVIES

Funeral Director  
and Embalmer

Headstones Supplied and Set up  
**COLEMAN** Residence Phone 158 **ALBERTA**

The Right Kind of Advertisign Pays—Try The Bulletin.

**You Make no Mistake  
when you advertise  
in The Bulletin.**

## INSTITUTIONAL CHURCH

SUNDAY SERVICES:  
Morning, 11 a.m. Evening, 7 p.m.  
Sunday School, 2:30 p.m.  
REV. D. K. ALLAN, Minister.

ALEX. M. MORRISON  
NOTARY PUBLIC

## REAL ESTATE and INSURANCE

Reg. B. B. H. Marriages, Deaths  
Office Next Coleman Hotel.

## HUNTER'S

### Pool Room

opposite the Postoffice.  
Our equipment is of the  
best, and every effort is  
made to please our patrons.  
Good line of Soft  
Drinks.

McKeen Hunter - Prop.

## Plante & Antel

LIVERY, FEED AND  
SALE STABLE

Drawing of every description at-  
tended to with promptness.  
Good rigs and careful drivers for  
commercial and pleasure trade.  
Charges moderate Phone 108.

## Look Like New

The clothes that  
come from our  
**LAUNDRY**  
go back to the own-  
ers looking like new,  
whether washed or cleaned  
and pressed.

**C. L. GOOEY**

We call for work, and deliver it

## LOCAL AND GENERAL

England's birth rate is doubt-  
ful that of Germany.

W. L. Quimette spent several  
days at the lake this week.

O. E. S. Whiteside left for  
Winnipeg on a business trip.

Wanted—Good girl for house  
work. Apply to Mrs. C. Gower.

There has been no difficulty  
in getting teachers for the Mani-  
toba schools this fall.

Rev. D. K. Allan attended the  
meeting of the Presbytery and  
is now visiting at Vulcan.

Stephen Janstak, late store-  
keeper in the Polish Co-Op  
stand, was a visitor in town  
recently.

The Salvation Army in a cof-  
fee and doughnut drive in  
Chicago, which began on August  
12, netted more than \$417,000.

Mr. and Mrs. C. Gower motor-  
ed to Macleod on Sunday on a  
visit to the former's parents.  
Mrs. Gower is spending the week  
there.

A fire at Wabamun, thirty  
miles west of Edmonton, de-  
stroyed the king George Hotel,  
the drug store and the ice cream  
parlors.

Tuesday furnished varying  
degrees of temperature in un-  
usual abundance. It turned  
hot and then cold several times  
during the day.

Three dead and one dying, is  
the net result of a drinking bout  
at Strassburg, Sask., in which  
Columbia spirits and oil of bay  
formed the chief ingredients.

When the business agents of  
the unions begin to unionize  
themselves the circle seems to  
be almost complete. Now for  
the ultimate consumers' union.  
—Calgary Herald

Service in the Anglican church  
on Sunday will be held as fol-  
lows: Morning Prayer followed  
by Holy Communion, 10:30 a.  
m. There will be no evening  
service on this date.

In recognition of the assist-  
ance rendered the wounded in  
France by the workers of the  
Salvation Army on duty there  
the United States Steel corpor-  
ation sent \$100,000 to the Army's  
war work committee.

The resumption of trade with  
the Ukraine led to the general  
belief in Germany that there  
would be more tea for the Huns  
but the Berlin Tageszeitung  
says "unfortunately, these be-  
liefs have proved delusive."

The Rev. H. Clay spent Sun-  
day, Aug. 28th at Brocket. The  
morning service, conducted en-  
tirely in Blackfoot by the Rev.  
W. R. Haynes, was quite in-  
teresting. Mr. Clay preached  
to the children at the school at  
3 p. m.

The school board have decid-  
ed to place an Honor Roll in  
the school and request that all  
names entitled to be placed  
thereon be handed to the chair-  
man of the board, Mr. Alex.  
Cameron at an early date as  
possible.

Rains have caused demands  
for increased farm help in  
Manitoba. About 9,000 addi-  
tional men are required to help  
bring in the crops according to  
the report reaching the Canada  
Food Board. Labor equivalent  
to about 4,000 men will be re-  
quired within the province, leav-  
ing 5,000 required from outside.

Proprietors of public eating  
places throughout Canada have  
been notified they must obtain  
a sugar certificate from the  
Canada Food Board by Septem-  
ber 1st. A sworn statement  
must be filed with applications  
for certificates, stating amount  
of sugar used between January  
31st, 1917, and December 31st  
1917. After September 1st it  
will be both illegal and impos-  
sible for public eating houses  
to obtain sugar without a cer-  
tificate.

Girls who have entered the  
Spokane banks to take the  
place of young men in the  
national service are to be ad-  
mitted to the study classes of  
the Spokane chapter of the  
American Institute of Banking  
next session.

Next to saving the harvest  
the most urgent food service  
at the present moment is to  
save sugar and the Food Board  
appeals to every loyal Canadian  
to do everything to encourage  
similar conservation by others.  
This is absolutely necessary in  
order that our available supply  
of sugar be stretched until the  
new crops become available and  
that it be equitably distributed.

## Commissioner Sowton

To Lecture Sept. 4th.

Commissioner Sowton, of the  
Salvation Army, accompanied  
by Mrs. Sowton and Brigadier  
Haye, will be in Coleman on  
Wednesday, Sept. 4th, when  
he will deliver a lecture on  
"Some Lessons From the Great  
War."

This will provide Colemanites  
an opportunity to hear the head  
of the Salvation Army in the  
west and will undoubtedly be  
taken general advantage of as  
the speakers' ability is undoubt-  
ed.

## COLEMAN GARAGE

Auto Supplies and Accessories

Filtered Gasoline  
Best Makes of Tires

One 1918 Used Chervolet and  
One Used Ford Car For Sale

Agents For

**McLaughlin Cars**

## Flour and Feed

You can Save Money by Getting our Prices on  
Flour and Feed, Hay, etc., before placing your  
order

**Coleman Flour and Feed Co.**

A. Beck, Manager

Canada Food Board License No. 9-2821

Not a Bargain In  
Clothing!  
Just a  
**Re-  
minder**  
That YOU have not  
yet called around  
to take advantage  
of our offer of  
**The Bulletin**

to  
Jan. 1  
1919  
for  
**50  
Cents**

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## War Garden Bulletin

The Home Storage of Vegetables for Winter Use

As a war-time measure no form of food conservation is more important than the home storage of vegetables for winter use. The war gardener should not put off making his storage preparations. Included in the list of vegetables to be stored are potatoes, beets, carrots, parsnips, onions, celery, cabbage, cauliflower, Brussels sprouts, winter squash, turnips and beans.

Good results depend largely upon ventilation, the regulation of temperature, sufficient moisture, and the quality of the vegetables stored. For some vegetables the pantry shelf or the attic are satisfactory places of storage. For others outdoor storage is preferred.

In some places several neighboring families form community clubs to provide storage facilities. In this way complete provision is made for handling winter supplies at slight trouble and expense to the individual household. Several families might get jars, or they might share in the use of an available building conveniently located in which large quantities of vegetables might be stored.

## The Meaning of

Wilson's Meaning

"The Past and the Present are in a Deadly Grapple"

We hope General Ludendorff and his master, we hope every German intelligent enough, to understand the president's meaning, will read and soberly consider the Mount Vernon address. It is the handwriting upon the wall for all of them. "There can be no compromise," the president must be final. There can be no compromise, no half-way decision would be tolerable. No half-way decision is conceivable. "The past and the present are in a deadly grapple." Compromise is surrender. It is defeat.

The enemy is ruthless. Let the German war party, from the Kaiser down to the dullest Junker, weigh well this first of the four declarations of war aims made by the president:

"The destruction of every arbitrary power arising out of the past, separately, secretly, or of its single choice disturb the peace of the world; or it cannot be perfectly destroyed, at least its reduction to virtual impotence."

That means Germany and Germany alone. If the German people will not in time put away their delusions and set their backs to the wall, their masters, then Germany must be destroyed or brought so near to destruction that she will no longer be a power in the world. It is worth while for any one people to take heed of so terrible an admonition, spoken by the president of the United States, a man of such high character and such high moral standards that have the power to execute the threat.—From the New York Times.

## Where Surplus Wheat Is

Plenty of Wheat to Go Round if Ships Were Available

There is little reason to fear that the German submarines will accomplish their purpose of starving the allied nations into submission, but it is only necessary to take an inventory of the world's stock of wheat in order to realize that there are reasons for charging the under-water boats with the necessity for considerable tonnage. The world's stock of wheat is written, there is in the United States only 20,000,000 bushels of wheat to supply the normal requirements of 100,000,000 bushels until flour from the new crop is available. But Australia has an exportable surplus of 10,000,000 bushels, of which 100,000,000 bushels was carried over from last year. India has 12,000,000 bushels stored for export, of which 70,000,000 bushels was carried over from last year. Argentina has 146,000,000 bushels of which 11,000,000 is old wheat.

So it is not a problem of wheat altogether; in fact, it is not a wheat problem at all. It is a problem of transport. If we had sufficient shipping to transport this wheat, there would be plenty for everybody.

The Pill That Brings Relief.—When, after one has partaken of a meal, he is oppressed by feelings of fullness and discomfort, and suffers from dyspepsia, which will persist if it is not dealt with, Farnell's Peppermint Cure is the best medicine that can be taken to bring relief. These pills are specially compounded to deal with dyspepsia, and they are the only pills that can be taken to deal with dyspepsia.

Canadian Officer Saves Roumanians From Exile  
Col. Joseph Boyle of Yukon Plays Heroic Role in Defending Happy People.

Colonel Joseph Boyle, a Canadian officer, from the Yukon, has become the popular hero of Roumania and wears the highest Roumanian decoration within the gift of the king, for saving a number of Roumanian deputies from the clutches of the Russian Cossacks, according to a traveler reaching France from Jassy, the temporary Roumanian capital.

Soon after the Russian Bolsheviks broke off relations with Roumania last January, as the result of alleged anti-Bolshevik activities on the part of the Roumanian government, several of these officers were arrested at Odessa following the invasion of Bessarabia by Roumanian troops. They were sentenced to exile to Sebastopol and were placed on board a ship to be deported. None of them knew what their fate might be and everyone was convinced they would never see their native country again.

Colonel Boyle played their part in their behalf, and would not revoke the sentence of exile. Colonel Boyle then declared that if the Roumanian deputies were deported he would share their fate. A special messenger conveyed the deputies and Colonel Boyle to Sebastopol, where, after a stay of several days, during which they suffered many hardships, many of the Roumanians were released and all were rescued.

Colonel Boyle took them back to Odessa by the steamer on which they were deported to Sebastopol, and accompanied them to Jassy, where he was met by a great reception by the people and the government. King Ferdinand awarded him the Cross of St. Vladimir, the highest Roumanian decoration.

Colonel Boyle is six feet tall, rugged and broad as the country he comes from. He is a man of all other means of communication were impossible, carried from Jassy to Odessa, the Roumanian people were with the Bolsheviks, thus preventing hostilities, which at the time seemed imminent.

## The Keystone Province

From a Speech by Lord Dufferin Delivered in Winnipeg, Sept. 20, 1916

From its geographical position, and its peculiar characteristics, Manitoba may be regarded as the keystone of that mighty arch of sister provinces which connects the continent from the Atlantic to the Pacific.

It was here that Canada, emerging from her woods and forests, first gazed upon her rolling prairies and unexplored Northwest, and learnt as by an unexpected revelation that her historical territories of the Canadian, her eastern seaboard of New Brunswick, Labrador, and Nova Scotia, her Laurentian lakes and valleys, corn lands and pastures, though themselves more extensive than half a dozen European kingdoms, were but the vestibules and chambers to that till then undreamed of Dominion, whose illimitable dimensions alike comprised the vastness of the surveyor and the verification of the explorer.

It was hence that counting her past achievements, but in preface and prelude to her future exertions and expanding destinies, she took a fresh and vital status of more imperial inspiration, and felt herself no longer a mere settler along the banks of a single river, but the owner of a continent, and in the magnitude of her possession, in the wealth of her resources, in the extent of her dominion, she might, the power of any power on the earth.

## Losing Good Wheat

A Great Waste of Grain at Threshing Time

In a letter to the Drovers' Journal, Mr. L. O'Neill, of the County of Michigan, calls attention to the waste of grain at threshing time. He says:

"I read your editorial about salvaging bind twine. There is another serious loss in connection with grain loss. It is the grain that goes into the straw stack when threshing with blowers. Most machines have them. If you want to save the grain, the straw must be under the blower some time and see if you don't think you are in a hall storm."

The amount of grain blown over every year is worth thinking about. It is well known that the amount of grain lost is an unworkable loss. The loss is largest in old, worn-out threshing machines, or poorly operated machines, when the grain is fed through the machine unevenly and too rapidly, and when grain is light in weight or in damp or bad condition.

These conditions can be partially controlled. The use of threshing machines owned by a ring of farmers results in better separation of the grain and straw since the work is not so likely to be rushed. It is done with care, and the wind rather than running out a large number of bushels.

On the other hand the widespread lack of experienced labor this year and the necessity of using many men who have perhaps never pitched a bundle into the wind will work against clean threshing.

There is bound to be a certain amount of grain run over, however, and the only way to recover this waste is to keep enough cattle and hogs on hand to eat up the grain that is lost in the straw as well as the grain that is left in the field.

## ONE TOUCH OF PUTNAM'S

STOPS CORN SORENESS

No need to walk on the edge of your toes to save a sore corn—Putnam's Corn Extract. Apply it to a tender corn, and watch that corn shrivel and dry up. Absolutely painless. No matter how tough the corn is, it will be soft and tender in a few minutes. Putnam's Painless Corn Extract. Costs but a quarter—why pay more for something not so good. Get Putnam's today.

## Convoy System

Has Saved Lives

Vessels Lost While Homeward Bound Since Jan. 1, 1918, Almost Nil

Speaking in the British house of commons, Sir Leo M. M. Macdonald, parliamentary secretary to the ministry of shipping, said the percentage of ships lost while homeward bound to the United Kingdom since January 1, 1918, was rather more than one per cent. The losses of food ships for the same period were less than 1.4 per cent.

The result of the convoy system, Sir Leo said, continued to improve. Since January 1, 1918, when the system was put into effect, 42 million gross tons had been conveyed to British and French ports with a loss to the United Kingdom of 1.2 per cent. Included loss by the dispersal of convoys through bad weather.

## It Takes Nerve

It takes a lot of nerve to stand behind a counter and charge a man two dollars for a necktie out of the same stock you were selling off for twenty cents four years ago, and explain to him that the advance in price is due to the scarcity of material.—The Baltimore Sun.

## Hutton for Director

It is reported that Mr. G. H. Hutton, present superintendent of the Dominion Experimental Farm at Lacombe, is likely to succeed Mr. G. H. Grisdale as director of all Dominion experimental farms, in the event of Mr. Grisdale becoming deputy minister of agriculture.

## Culicra Promotes Beauty Of Hair and Skin

If the Soap is used for every toilet purpose assisted by occasional touches of Culicra Ointment to first signs of pimples, redness, roughness or dandruff. Do not confound these fragrant super-creamy emollients with coarse medicated ointments often dangerous preparations used as substitutes.

Sample Each Free by Mail. Address only: Culicra, 100 N. Western Ave., St. Paul, Minn. Sold by dealers throughout the world.

## The German Scheme in Africa

Strategic Positions for Exercising World Power

Jan Christian Smuts, commander-in-chief of the British forces in East Africa, has an important article in the July Century, in the course of which he discusses the menace of German colonial ambition. As a matter of fact, he declares:

"German colonial aims are really not colonial, but are entirely dominated by far-reaching conceptions of world politics. Not colonies, but military power and strategic positions for exercising world power in future are her real aims. Her ultimate objective in Africa is the establishment of a great central African empire, comprising not only her colonies before the war, but also all the English, French, Belgian, and Portuguese possessions south of the Sahara and Lake Chad and north of the Zambezi river in South Africa."

Towards this objective she was always working, before the war broke out, and she claims the return of her lost African colonies at the end of the war as a starting point from which to resume the interrupted march. Or, rather, as a prelude to Count Hertling's recent pronouncement, she claims a realization of the world's colonies, so that she may have a share commensurate with her world position. This Central African bloc, she claims, is now in course of preparation and printing at the colonial office in Berlin, in order to bring the world to supply the economic requirements and raw materials of German industry. In the second and far more important place, to become the recruiting ground for vast native armies, the great value of which has been demonstrated by the campaign of this war, and especially in East Africa; while the natural harbors on the Atlantic and Indian oceans will supply the naval and submarine bases from which both ocean routes will be dominated and British and American sea power will be brought to naught. The native armies will be useful in the next great war, to which the German general staff is already devoting serious attention, as appears from the book of General von Freytag, the deputy chief of the German general staff, recently published here under the title "Deductions of the World War."

"The untrained levies of the Union of South Africa would go down before the German-trained hordes of Africans, who would also be able to deal with North Africa and Egypt. The German general staff would have in addition mean a great army planted on the flank of Asia whose force could be felt throughout the middle east as far as Persia and who knows how much further."

## Suits Your Own Taste

You can vary the strength of your

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by using either more or less of the powder to the cup. A level teaspoonful seems to please most people.

A DELICIOUS DRINK MORE HEALTHFUL THAN TEA OR COFFEE

W. N. U. 1221

## Ingiam's Vaseline Face Powder

The daintiness of a complexion always free from oiliness is the desire of every woman. Best of all powders is Ingiam's Vaseline Face Powder. It keeps the skin smooth and attractive. Hides minor blemishes, the little wrinkles, and blends so marvelously with the complexion that it is scarcely visible. It adheres even to the skin be warm and moist, and it has a refined and gentle fragrance. 50c.

For the sake of your skin, use Ingiam's Milkweed Cream. Its daily use enables you to retain the charm and color of youth. It is curative and healthful for the skin tissues. Two sizes, 50c and \$1.00. Your druggist has a complete line of Ingiam's toilet products including Zoderma for the teeth, etc.

F. F. Ingram Co., Windsor, Ontario (96)

## A Picture with Each Purchase

Each time you buy a package of Ingiam's Toilet aids or Perfume your druggist will give you, without charge, a large portrait of a world-famous motion picture actress. Each time you get a different portrait so you make a collection for your home. Ask your druggist.

## Modern Farming

In the Time of Nero It Took Four and a Half Days' Labor to Grow Bushel of Wheat

The Greeks and Romans were long on art but short on bread. A modern farmer with the practice of modern scientific knowledge and the use of modern machines can with three months' labor raise as much wheat as could an old Roman working ten hours a day, six days a week for all the weeks of his three score and ten years. In the time of Nero it took four and a half days' labor to grow a bushel of wheat; when the drill and the reaper were invented it took three hours; in the reign of King George V. it takes ten minutes. No longer is the farmer a drudge. Today he is a man who mixes brains with the seeds he plants, or sows and uses science in gathering in his abundant harvests. Life on the farm is becoming so pleasant and profitable that men of the cities are seeking homes and employment on the land.

To have the children sound and healthy is the fate of a mother. They cannot be healthy if troubled with worms. Use Mother Graves Worm Extirminator.

## To the End

Until the Accursed Menace to Our Destinies Is Forever Banished

There is no thought of peace by understanding with a victorious Germany among the Canadians at the front. From an article in the "Herald" by Mr. Walter Jessop of Toronto has received a letter giving the point of view of the men over there. He says:

"The French people impress me very much. I do not think we English really understand what national means. We send our soldiers to fight, the French people seem to fight with them. There's a big difference. It is a great inspiration to see United States troops, together with French and British, in the nearby towns. The more I see of what German domination has meant, and will mean if it is not wholly and finally destroyed, the more I am convinced that his business is worth going on with to the end. The other day I saw a child weeping under the ruins of a cottage in the street of a shattered village. Perhaps it had been her home and all her folk had perished. I reflected—as the paths of it all pass before me—that if we were not here things would be like that over there."

"The spirit of all ranks is one of complete confidence, and so it behooves our people to maintain the same unconquerable spirit at home—to look up and not down, to go on and not backward, until the accursed menace to our destinies is forever banished from the earth."

## Minard's Liniment Cures Dandruff

"Pa Was a Lawyer  
"Pop, what does that mean by twaddle?"  
"That refers to arguments advanced by the other side."—Louisville Courier-Journal.

## The Real Test

"That man is so honest he would not steal a pin," said the admiring friend.

"I never thought much of the pin test," answered Miss Perpetua. "Try him with an umbrella!"—London Answers

## Couldn't Understand It

"When I was a lad I was never naughty like you."

"What was the matter with you, my dear?"  
"Delicate, or something?"—St. John Telegraph.

## MONEY ORDERS

It is always safe to send a Dominion Express Money Order. Five dollars costs three cents.

## COOK'S COTTON ROOT COMPOUND

For the cure of all skin diseases. Sold in three degrees of strength. No. 1, No. 2, No. 3. Price, 25c. Sold by all druggists, or sent direct to you on receipt of price. Free pamphlet, address COOK'S COTTON ROOT COMPOUND, Toronto, Ont. (Vancouver Wholesaler)

## THERAPION

THE NEW FRENCH REMEDY. For all skin diseases. Sold in three degrees of strength. No. 1, No. 2, No. 3. Price, 25c. Sold by all druggists, or sent direct to you on receipt of price. Free pamphlet, address THERAPION, Toronto, Ont. (Vancouver Wholesaler)

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## The Song of Jean Bart

How Citizens of Dunkirk Meet the German Air Raids

Mr. Ralph D. Paine, who is just back from the allied fleets, spent some time in Dunkirk, the French port so near the front, that German aviators can visit it night after night. In his book, "The Fighting Fleets," he tells of the spirit in which the citizens of Dunkirk meet these raids.

"Another bomb was dropped, falling somewhat closer to the Square of Jean Bart. Then there came a great bell. It was no jangled alarm. The bells were struck and chiming. They rang out a melody, a chant brave and martial which was sung from the high belfry tower far and wide over the fortified city. They were vibrant with the spirit of Dunkirk. They were magnificently defiant. Down in the cellar, one voice after another began to sing the refrain, in unison with the bells. The portly merchant raised his head and smiled at the sound. The lieutenant carried the tenor. The landlady was beating time. The girl was sitting up in their cot, piped up in tones sweet and shrill. The great bells were quiet for a moment before swinging to the chorus again, and during the toll the landlady's wife explained, with shining eyes:

"They are singing it in many cellars. Always it is done. And always in the belfry, when the boches come to bombard, the chiming plays the 'Hymn of Jean Bart.'"  
"An old song—a song which Dunkirk loves," cried the naval officer.  
"This hymn of Jean Bart," said the toll the landlady's wife explained, with shining eyes:

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## WHEN YOUR COLOR FADES

When a girl—or a woman—finds her color fading, when her cheeks and lips grow pale, and she gets short of breath easily and her heart palpitates after slight exertion, or under the least excitement, means that she is suffering from anemic blood, thin, watery blood. Headache and backache frequently accompany this condition, and nervousness is often present.

The remedy for this condition is to build up the blood, and for this purpose there is no medicine can equal Dr. Williams' Pink Pills. They build up and renew the blood, bring brightness to the eyes, color to the cheeks, and a general feeling of renewed health and energy. The only other treatment needed is plenty of sunlight, moderate exercise and good, plain food. The girl or woman who gives this treatment a fair trial will soon find herself enjoying perfect health.

You can get Dr. Williams' Pink Pills from any dealer in medicine, or by mail post paid at 50 cents a box or six boxes for \$2.50 from The Dr. Williams'



# THE GUARDED TRUST

—BY—  
MONA DUNLOP

WARD, LOCK & CO., LIMITED  
London, Melbourne, and Toronto

(Continued.)

"Indeed she must, though," replied Dr. Richardson. "There will be plenty for even two nurses to do. You cannot stay with her day and night, Marie, and she will not be in a fit state to be left alone, even for a moment."

"But, monsieur, it cannot be that she has a nurse; it is not to be thought of for one moment. She is now what you call delirious. Eileen, suppose there were a nurse, she would hear all that my pauvre petite might say, and that must not be. I alone, who can be secret as the grave, must listen, must hear, and must forget. Another might remember, might tell others, and then, indeed, we should be undone. I can watch by her as much as I like, but the doctor, I will never leave her; she will be safe with me, the dear child."

The doctor looked puzzled. He could not for the life of him understand this intense desire for secrecy. What on earth could it matter? He heard the delicious ravings of a girl of nineteen? What could such a child have to conceal? There could be nothing worse than a girl with such a pure, sweet face.

Suddenly Marie's voice broke in on his meditations, pitched in a joyful key.

"Ah! monsieur," she cried, "I have it! If that worthy Madame Johnson could be the nurse of mademoiselle, should the poor child talk of things others may not hear, she will speak in French—that is certain—and the good Madame Johnson understands not one word of cello belle langue. Heaven be praised that is what we can do. Madame Johnson, I will have her, and no other."

"Yes, certainly, that is quite an idea, Marie," Anthony replied, "but will the good lady herself consent?"

"I will make her," announced the maid. "I will pay her well, if that is what she needs; but she shall do it!"

"Well, if I were you, I don't think I should offer Mrs. Johnson money. She has been a French nurse for years, and has been to this house often enough to know something of his household character. Work on her pity, Marie, if you want her to help you. Point out to her how young Miss de Rochefort is, and how ill she is. Say to her she would be if she were to awake to consciousness and find a strange nurse in uniform nursing her. I think she'll do anything for you then. She is certainly as good as any trained nurse, and I think the two of you can do anything that is needed. But why on earth won't you have a proper nurse? What does it matter if she hears Miss de Rochefort's ravings?"

"Alas, monsieur, that I may not tell you! Enough that did anyone hear and understand, most terrible calamities would befall this innocent darling here. Do not think me foolish, monsieur; it is but too true. Even as it is, I dare not think what may happen."

"Well, well, I have it your own way," said the doctor, "but I am puzzled; but, mind you, if it becomes necessary, I shall have a nurse in without any question. You would not sooner lose your own life than run the risk of having a nurse who understands French, I suppose?"

"Indeed, no, monsieur, I do not myself. How can you ask it? Have I never served my two angels these many years, even at the risk of my own life? But what that other who knows more than I, might wish, I cannot say."

"(Alas!) So you are not the only person who knows what all this mystery is about?" said Anthony to himself. "The plot thickens, as they say in the penny papers."

Then aloud: "Look here, Marie, I suppose you have realized that Miss de Rochefort's people will be informed of her illness and her sister's death? You cannot take on yourself the responsibility of keeping them in ignorance; suppose you know where you can communicate with them? Is the father living?"

"Alas, no, monsieur! I have dead these two years. Were that not so, all this trouble would not have arisen."

"She has no relations, then?"

"None that may be told."

"Then I suppose there is a guardian or someone who has charge of her affairs?"

"One there is, monsieur, and with him I will myself communicate. At once then, Marie, the doctor warned her. 'There is no time to be lost. If you will give me his address, I will write to him; perhaps I shall be able to explain the position of affairs better than you.'

"The woman started up, from her chair as though she had been shot. 'I will write myself!' she cried. 'I can give his address to no one.'"

"Then write now, Marie, this is your chance to make all this fuss about it. The inquest will probably be in a couple of days' time, and whoever is responsible for the two girls ought to be present at it."

**MURINE Granulated Eyedrops**  
Sore Eyes, Eyes Inflamed by Sun, Dust and Wind quickly relieved by Murine. It is the only eye medicine that cures all eye troubles. It is the only eye medicine that cures all eye troubles. It is the only eye medicine that cures all eye troubles.

W. N. U. 1221

## "The Inquest! What is an inquest?"

asked the nurse. The doctor thought deeply for a moment, and then, with an air of triumph, produced the French equivalent.

"On fait une enquete en presence d'un cadavre," he explained. "Non? Dieu! she exclaimed. 'In a very truth that terrible thing will happen? Heavens, that I should have lived to see it. I must then at once inform him of what has happened, and he must tell me what to do.'"

Just then a low moan from the girl on the bed turned their attention in that direction.

Miss de Rochefort was sitting bolt upright, her eyes wide open, staring straight before her, her face flushed and feverish. Then, without warning, her voice broke the silence which had fallen on the other two as they watched her.

"No! No!" she cried. "Let me go! My God, what has he done to her? Ah, I cannot wake her!" And with an agonized scream she fell back on to her pillow.

The doctor turned to his companion. "What do you suppose she means, Madame?" he asked.

"Without doubt, monsieur, she is speaking of her sister, ob-la pauvre petite, who is dead."

The girl's shrill cry brought Mr. Wakeman up to the room, post haste.

"Dear, dear!" he panted, as he entered. "This is really terrible! Richardson, what was the poor child saying?"

"The doctor told him, and the old solicitor shook his venerable white head as he replied:

"The girl's business indeed, my dear fellow. I don't like it at all. What you tell me she said just now in her delirium makes me think that she evidently says something of her sister last night. Isn't that how it struck you?"

"Yes," replied the doctor, "the girl, loving this voice, he said: 'Look here, Wakeman, this Frenchwoman is proving rather a trial to me. I suggest that you ought to have a competent trained nurse for this poor young lady, and she won't hear of it. Says all sorts of things that I can't make head or tail of. She seems to think that the girl might say something in her delirium that she would not say to me, and if I could possibly matter. However, I'm perfectly willing to humor her for the present, if you are.'"

"If I am! Whatever do you mean by that, my boy?"

"Well, sir, you see Marie suggests that we should have a French nurse to help her with the nursing, so it obviously depends on you!"

"I see well, of course, Mrs. Johnson shall help! But I do not know, that alters the case much. She has got ears just the same as a trained nurse."

(To Be Continued.)

## Education in Patriotism

The Patriotism Which Inspired the Democratic Peoples

Why is it that those who seek in Germany's temporary success for the peoples of the allied nations almost invariably emphasize as a duty of education the teaching of which they should proclaim, with warning note as a vice to be avoided?

Thus we find even so careful an observer as Mr. Frederick Harrison, commending to the people of Britain the German system of training in patriotism, in this he says, "as in many things intellectual and national, shows the way; it has been her prime asset in war, even more vital than her U-boats or most ingenious. It is the German, systematic, universal and all-round education in patriotism, loyalty, love of fatherland."

Unfortunately it may be if there were a vestige of truth in what Mr. Harrison says, the world would have been over three years ago, with Germany the victor. What was it, if not the patriotic training which in a few months created an army successfully opposed the perfected and seemingly invincible German machine? That feat, according to British patriotism, flung us back into the age of miracles. And what of the end of the world, the nations have been completed, through patriotism which is not of the German sort, the task in which they cannot fail. We shall then be able to say that, while German patriotism failed to do the thing which seemed demonstrably easy, the patriotism which inspired the democratic peoples will have accomplished that which seemed demonstrably impossible.

It is worthy of remembrance in all the talk of things done and to be done that a vital patriotism is less a scheme of doctrine than an emotion. And a fine emotion may be communicated, but it cannot be "taught." In new countries like this, lacking the historic background and atmosphere of Old England, and under the necessity of assimilating a strange people of alien peoples, it is essential that a certain emphasis should be placed on the symbols of patriotism. In this very condition, however, there is the danger lest the spirit may suffer by over-emphasis of the symbols, and become less a deep and fine emotion than a brag and strident lip-service. A smile that is forced becomes a grin, and a grin is like a smile only inasmuch as it clumsily caricatures its outward form.

After this war, however, there will be less need than at any time to worry about the patriotism of the people of this young country. The symbols must receive attention in the schools, but more potent in its preservation and growth than any display of flag or singing of anthems will be the eloquent silence of those graves in Flanders' fields where lie the sons of Canada—winners of three Presses.

## Saving in One Bakery

In one large bake shop in Vancouver, more than 500 pounds of white flour are being saved every day by the use of substitutes.

## The Rust Menace In Canada

Reason to Believe That Eradication of This Evil Is Nearing Solution

What rust on grain has cost the Canadian farmer in a cash through startling reductions in yield, and what, in turn, the consequent cut in spending power has meant in hardship to the wage earners in eastern Canada who produce goods western Canadians buy, can probably not be calculated. But no two-way representative grain growers or manufacturers would hesitate to declare the cost to Canada as one expressed in terms of hundreds of millions of dollars. So anything tending to lessen the power of this curse to the grower of grain is certain to work out to the general advantage of Canada. And, it appears now that there is good reason for optimism among those who have been actively engaged in solving the problem and so increasing the effectiveness of Canada's food contribution to the allied cause, and the base of prosperity of Canadians from the Atlantic to the Pacific.

"Many people, indeed, foster the utter extinction of the rust menace from the wheat lands of the west," says Seager Wheeler—the Luther Burbank of the Canadian wheat plant—of a variety of the great essential cereal that matures some ten days earlier than that generally grown in the western provinces.

It seems to have been proved absolutely that the decorative barley which the Japanese sort—the chief cause of the propagation of rust-trouble, and already in the spring wheat belt in the United States—is a deadly enemy of the campaign is working for the eradication of the barley in all sections of the growing grain.

It was brought out in congress in Washington by the Hon. George Young of North Dakota, that the settlers in the colony of Massachusetts in 1755 were aware of the intimate relations between the Barbery plant and rust, and that the law was passed thirty years ago providing for the rooting out of the shrub in that jurisdiction. Denmark, too, has been successful in eradicating the shrub, and the Hon. Mr. Young says that rust has practically disappeared from the wheat lands of that progressive Scandinavian country since the carrying out effect of the campaign against the innocent-appearing barley.

Apparently this plant is "host" for the rust, which is carried on the wind as a spore, and three hundred miles. That is how rust in Canada may have come via the air route from the United States, or how rust in the Dakotas or Montana or some other state in the republic may have been carried from plants in Canada. When the climatic conditions are suitable, it fastens to the wheat, and then, to complete the cycle, the parasite returns to the barley which preserves it in health during the winter. Almost invariably, hitherto, there has followed a reduction in yield wherever the ordinary spring wheat has been attacked. That is where Seager Wheeler enters as a factor in the future of Western Canada grain growing.

For the past eleven years, on his farm near Rossmore on the Canadian Northern Railway in Central Saskatchewan, he has been "breeding" a strain of wheat that matures early, and is resistant to rust, and has a guarantee against loss by frost. But there is the added significance that by the time the rust usually develops on wheat in the west, his wheat has developed to the point where it can do practically no harm.

While little has been heard of rust in Canada, the leaders in Canadian agriculture have been closely watching the rust, and all its ramifications. Now Dean Rutherford of the University of Saskatchewan, Saskatoon, points out:

"Red Rust has been known to be fully aware of the fact that rust can come to us from Dakota or from any other state to the south and gets a start when our conditions are favorable to its propagation and spread. For instance, in 1916 the rust wave from the states to the south was actually pushed up in a north-westerly direction far past Saskatoon. The states to the south are waging war against the barley. Manitoba, Saskatchewan, and I think Alberta, have included the barley bush amongst their noxious weeds on account of it being a host plant for the rust. Steps are being taken to have it destroyed in the gardens and hedges."

And further:

"Conferences have been held all over Canada for the purpose of discussing ways and means of preventing rust. One of the matters that received consideration was that of the barley rust. It was recommended that this plant be destroyed. The barley has not been used extensively in Western Canada, yet probably more of it can be found in parks and large public grounds than anywhere else. As these are under governing bodies, either municipal or government, it may be a very easy matter to have this plant eradicated. The Dominion department of agriculture is interesting itself in this important question and has under way carefully planned investigations with reference to it."

And Seager Wheeler says of his new "breed" of wheat:

"Red Rust comes to all my expectations in practically every respect—more so than I could reasonably expect. I personally consider it a perfect wheat to suit our conditions in the west in point of earliness to reasonably escape damage from early fall frosts and rust. The wheat has two points alone make it a very promising sort, as frost in every season gets some of the crops, and in 1916 the loss from rust alone in Canada amounted to \$135,000,000."

Red Rust matures a week to ten days earlier than ever. Marquis While it is not altogether rust resistant it is practically immune owing



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## Reign of Terror in Russia

German Says Counter-revolution Is Being Systematically Organized

Statements attributed by the *Coling Gazette* to a German described as holding for many years a distinguished position in the far east and who lately travelled from China to Germany across Siberia, are printed in the *London Times*. The German is very contemptuous of General Semenov's Cossacks, but writes with great respect of the Czech-Slovaks, who, he says, are not destined for the French front, but are to be used exclusively against the Russian Bolsheviks.

The German says he saw 10,000 Czech-Slovaks on the Amur railway and was told that there were nearly 30,000 Czech-Slovaks altogether in Siberia. He describes the 10,000 whom he met as splendid material, well fed and well clothed but not armed. No arms, at any event, were shown among the officers. He was informed the whole force was commanded by a French general. The subsequent occupation of Omak showed, says the writer, that more Czech-Slovaks had arrived since he passed through Siberia. Regarding the Bolsheviks the German says:

"Their power, which does not seem now quite firm, even in Moscow and Petrograd, does not exist at all in Siberia. The smallest Soviet does what it likes there. Every boy's first concern is himself. Soviet soldiers occupy the houses of Bourgeois population and seize their property. Hotels are also searched and plundered. Nobody has a minute's security. These rascals are criminals who escaped from prison or were released by the Bolsheviks. They are armed with the tools of the trade."

"The authors of the terrible crimes on the Amur were these criminals. There was absolutely no cattle. The people were simply murdered."

## The Peril of the Vest

The Soldier Knows a Better Way to Dress Than to Wear a Vest

Is the vest an essential industry, or words to that effect? In these war times, you know, we are all enjoined to do out the non-essentials; and the vest, which has been discarded temporarily and is taken at a disadvantage on that account, the military two-piece suit discarded the vest and occupied its first trenches.

If, says the order for economy, the soldier knows a better way to dress than to wear a vest, isn't that garment more of an ornament than a necessity? The descendant of the cuirass, it has ceased to be a protection against sharpshooters' steel and flourishes most as an ornament exploited by the climatic conditions of an exquisite Brummel. Its service to humanity consists largely as a repository for cigars, tooth picks, a vagrant bit of vegetable, and a doubtful joke or two. Ample filled it also furnishes an effective background for a carefully draped watch chain and a pendant Elk's tooth. But even these lofty purposes can not enforce the claim that it is an essential, where the claim is compounded and defended by the self under the rays of a July sun—Minneapolis Tribune.

## A Dark Heavy

Recruiting Officer: What branch of the service do you think you are particularly suited for?  
Colored Applicant: Ah! wants to be one of dem aviators, he say.  
Recruiting Officer: Why, at a glance I can see that you are not light enough for the service.  
Colored Applicant: Lawdie, man, when I gits skeered dey takes me for white folks—George Adame.

## Food Regulations Imperative

"If present restrictions should be in the slightest degree relaxed it would result in serious war for the people in Europe being that wheat crop could reach the market."—Herbert Hoover, United States Food Administrator.

## Alberta Herds Again to the Front

Carried Off Many Prizes at the Calgary Summer Fair

In open competition with some of the best stock in America, Alberta herds succeeded in annexing most of the prizes at the Calgary Summer Fair. Seldom has there been such a showing of live stock competition as was seen in every class, and the judging was witnessed with great interest by stockmen from all over the continent.

Almost every breed of cattle, horses, swine and sheep were represented. Hereford, Shorthorn and Holstein cattle, Percheron and Clydesdale horses and Oxford sheep being predominant. That Alberta animals should be to the fore in all these classes speaks well for the adaptability of the province to mixed farming.

## God Cause to Remember

"Did any of your ancestors do anything to cause posterity to remember them?" asked the haughty woman.

"I reckon they did," replied the old farmer. "My grandfather put a mortgage on this place that ain't paid off yet."—Boston Transcript.

## Exhausted the Language

There are two hundred and fifty thousand words in the English language, and most of them were used last Sunday by a lady who discovered after coming out of church that her new hat was adorned with a tag on which was written, "Redeemed to \$2.75."—Norton, Kansas, Telegram.

## Appointed Chief Engineer

Mr. J. M. R. Fairbairn has been appointed chief engineer of the C. P. R. system, replacing Mr. J. G. Sullivan, chief engineer, who is retiring to enter private practice, is the announcement made by special counsel issued by Sir George Bury, vice-president, and approved by Lord Shaftesbury, the president.

Too much credit cannot be accorded to Mr. Fairbairn, whose rise has been the result of sterling service rendered the company since he joined in 1892. Mr. Fairbairn was born in Peterborough 45 years ago. He attended the Toronto University, where he graduated.

## Following a short private practice

in British Columbia, Mr. Fairbairn joined the Canadian Pacific Railway in June, 1892, in the engineering department, and became assistant engineer at Montreal, August, 1901, and resident engineer, at Ottawa, 12 months later. After three years in the Ottawa division, he returned to Montreal as division engineer, and was transferred to Toronto some months later, from which place he returned to Montreal in November, 1908, in a similar capacity. It was in October, 1908, that Mr. Fairbairn was made principal assistant at Montreal, two years later being promoted to engineer of maintenance of way, and in June, 1911, was made chief engineer of eastern lines, a position he occupied up to the time of his present promotion, which is the highest railway position attainable.



### PARA-SANI WRAPPER

## Household Roll

# PARA-SANI WRAPPER

## Household Roll

Keeps food fresh

—WHICH?—

Look for this Card at your Dealers

Para-Sani Wrapper is strong paper, heavily waxed, and comes in a handsome oak Roller-Box. It is better and cheaper than waxed paper in sheets.

Para-Sani keeps bread, cheese, cakes, butter and meat fresh and free from contamination. Para-Sani will save many times its cost by preventing waste. Ask your Dealer.

Appleford Counter Check Book Co., Ltd.  
175 McDermott Ave. E. • WINNIPEG, MAN.

10¢ Roll with Roller Box.....	\$2.50
10¢ Roll with Roller Box.....	\$2.50
10¢ Roll without Box.....	\$2.00
10¢ Roll without Box.....	\$2.00
10¢ Roll without Box.....	\$2.00
10¢ Roll without Box.....	\$2.00

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A Stove to Fit Every Home  
A Price to Suit Every Pocket



**Order Yours NOW**  
**Take it when you need it**

We don't ask one-cent down  
until you take the stove

**The Best in Hardware**

THE  
**H.G. Goodeve Co. Ltd.**  
COLEMAN

## THE PROVINCIAL SCHOOL OF AGRICULTURE Claresholm, Alberta

RE-OPENS  
**Tuesday, October 29th, 1918**

The course extends over a period of two winters of five months each.

Courses are given in **PRACTICAL AGRICULTURE** and **DOMESTIC SCIENCE**.

No entrance examination is required.

**The Course is Entirely Free!**

The minimum age of admission for boys is 15 years, and for girls 16 years.

For Calendar and further particulars apply to  
**A. E. Boyer, L.L.B., Edmonton, Supt. Schools of Agriculture.**

**W. J. Stevens, B.A., B.S.A., Principal School of Agriculture, Claresholm, Alta.**



SCENE FROM "ROMEO AND JULIET"

**Saturday and Monday, Sept. 7th and 9th.**  
Metro Pictures Corporation Will Present Before You  
a \$250,000 William Shakespeare Screen Version of the  
Greatest Love Story of All the Ages

**"Romeo and Juliet"**  
—WITH—  
**Francis S. Bushman and Beverley Bayne**  
Produced in 8 Superb Acts.  
Admission 35c. Children 20c.

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**DENTISTRY**  
**R. K. LILLIE, D.D.S., L.D.S. GRAD.**  
uate N.U.D.S., Chicago. Office  
hours: Coleman, morning, 9 to 12;  
Blairmore, 1 to 6; Evenings by ap-  
pointment. Phones: both offices 33;  
Residence, 168.

### Local and General.

**CURLING MEETING**  
A meeting will be held in the  
Council Chamber on Tuesday  
evening at 8 o'clock to consider  
the erection of a Curling rink.  
All interested are requested to  
attend.

Jack Graham is spending the  
week in Lethbridge.

The Misses Helma and Lois  
Porter daughter of Capt. George  
Porter of Lethbridge who have  
been visiting Miss C. Easton,  
returned home Saturday night.

A. E. Liddle, of Morse, Sask.,  
has purchased the Jewelry  
business formerly carried on by  
B. P. McEwen, and will take  
charge in a few days. The new  
proprietor will add largely to  
the present stock and will un-  
doubtedly prove a welcome ad-  
dition to the business men of  
the town.

That the Food Board is no  
respector of persons is indi-  
cated by the stiff penalty handed  
out to the big eastern packing  
companies for making undue  
profits in eggs of doubtful an-  
cestry. The board is perform-  
ing one of the biggest tasks in  
Canada today and a most thank-  
less one at that.—Calgary Herald.

J. H. Locke, of Fernie, B. C.,  
has taken a contract for the  
painting of practically all the  
buildings of the International  
Coal and Coke Co. He will be  
here about Sept. 10th to do this  
work, on the completion of a  
similar contract with the Coal  
Company at Michel.

Sir Thomas White, minister  
of finance, announces that he  
has arranged with the British  
authorities to purchase this  
year's salmon pack of British  
Columbia. The amount of  
money required will be eight  
or nine million dollars which  
will be furnished by the Do-  
minion government out of the  
proceeds of the Victory loan.

The bureau of labor and statis-  
tics in the United States has  
started a country-wide investi-  
gation into the cost of living.  
Information will be gathered  
from the families regarding  
their annual expenditures for  
food, clothing, housing, fuel,  
furniture and miscellaneous ex-  
penses. This information is ex-  
pected to be useful, not only to  
the government but to the  
housewife as well, enabling her  
to know exactly what she is  
getting for her money.

Although not entirely fin-  
ished, the lawn tennis tourna-  
ment on Wednesday was one  
of the most successful in the  
history of the club. Some fifty  
players and spectators were  
present and special thanks are  
due the ladies who served re-  
freshments. The ladies doubles  
and mixed doubles were not  
finished. The score in the  
gentlemen's doubles was as  
follows: J. G. Riddell and J. S.  
Pizer, 30 points; C. Gower and  
E. McDonald, 29 points; T. B.  
Smith and J. R. Smith, 26 points;  
J. Emerson and Mitchell, 21  
points; O. E. S. Whitehead and  
W. S. Black, 19 points; R. W.  
Riddell and W. D. Lawson, 13  
points.

**THE CROW AGAIN**  
Norman Young, a "Son of the  
Soil," stationed at the Leth-  
bridge Experimental Farm  
made the ascent of the Crow's  
Nest Mountain on Aug. 20th.  
He discovered the bottle, which

# W. L. OUIMETTE

## Grocery Department

Canada Food Board License No. 8-10584.

**FRESH FRUIT AND VEGETABLES:**  
Peach Plums, 4 basket, per crate. \$2.50  
Peach Plums, per basket. 65  
Peaches. 75  
Pears, 2 pounds 30c; per box. 4.00  
Apples, Choice Raspberry, 2 lbs for 25c.  
Box. 3.75  
Oranges, per dozen 60c to. 75  
Lemons, Large Size, per dozen. 60  
Cucumbers, Large 2 for. 25  
Celery 2 lbs for. 25  
New Potatoes, B. C. White, per 100 lbs. 4.00  
Cabbage, New 3 lbs. 25  
**GENERAL GROCERIES:**  
Kellogg's Corn Flakes, per package. 15  
Shredded Wheat. 15  
Grape nuts, 3 packages for. 50  
8 lbs Sack Rolled Oats. 1.50  
20 lbs. 2.50  
Tomatoes, Large Tins. 25  
Pens, Standard-pack per tin. 20  
Beans, Golden or String. 25  
Corn. 25  
Mingie Baking Powder 12 oz. 30  
Mingie Baking Powder 5 lbs. 1.75  
Tuxedo. 18 oz. 25  
Melrose. 18 oz. 25  
Rice No 1. Japan per pound. 15  
Small White beans per pound. 20  
Light Yellow Beans fine flavor. 15

**GENERAL GROCERIES (Continued):**  
Raisins, Loose Muscatel, 3 Crown in  
cases of 50 lbs, per box. 15  
Seeded Raisins, per package, about 12  
oz. per package. 15  
Seedless Raisins, California fruit, per  
package 20c, 2 pkgs for. 35  
Currants, Malkins resealed, pkg. 30  
4 lb. pail strawberry Jam. 1.15  
4 lb. pail Raspberry Jam. 1.15  
4 lb. pail Red-Plum, Black current,  
Gousberry Jam. 1.00  
4 lb. pail Peach Jelly. 1.25  
4 lb. pail Bramble Jelly. 1.25  
4 lb. pail Orange Marmalade. 90  
Blue Ribbon Tea, Red Label. 55  
"White Label, fine flavor. 65  
Deck-a-lie Tea, a delicious blend, still  
at old price. 65  
No. 1 Sockeye Salmon, per tin. 45  
"25c, 2 for. 45  
Flour, Robin Hood or Five Roses, 98's  
\$5.75, 49's \$2.90, 24's. 1.50  
Feed Barley, per 100 lb. sack. 4.00  
Oats, whole or crushed, per 100 lbs. 4.25  
Rye Flour, yer 10 lbs. Barley Flour. 1.50  
Rice Flour, per 10 lbs. 30  
Clark's Pork and Beans 15c and. 30  
Heinz Pork and Beans, large tins. 30

### BOY'S CLOTHING

Suits for boys are now in stock. If you are needing one look them over before  
the most desirable are gone.

Men's Heavy Wool Tweed Pants, strong, warm and serviceable \$6.00.

Stanfield's Underwear, Green, Red and Black Label. Also Combin-  
ation Suits.

Watson's Underwear and Sleepers for women and children now in  
stock.

**W. L. Ouimette, Coleman.**

contained the names of previous  
visitors to the summit, and also  
the mound made by the Bleg-  
gen party, and the records are  
now all together. He brought  
back the remaining piece of  
the Union Jack, and also added  
his name to those on the pick  
handle. Following is the com-  
plete list, some of which will  
be found to have been omitted  
from John Desjardins notes,  
published recently:  
June 24, 1904—Ed. Whymper, London  
England.  
June 28, 1904—Four guides from Cal-  
gary.  
Aug. 22, 1907—Laura Marshall, Re-  
liance; Helen H. Hatch, J. O. Hyde,  
M. Gordon, Lethbridge (one name  
illegible); P. D. McTavish, Calgary.  
Aug. 23, 1908—K. S. Robertson, W.  
G. Gorrle, H. W. Phillips Coleman.  
Aug. 8, 1915—W. G. Gorrle, Con-  
June 24, 1918—John Desjardins, Cole-  
man.  
July 23, 1918—F. F. Bleggen, Marion  
Dobbie, Ruby Scott, Gladys Wilson,  
Mrs. J. T. Jones, Coleman.  
Aug. 28, 1918—Norman Young,  
Winnipeg.

Through an error in this Office the  
following names of successful candi-  
dates in the recent departmental ex-  
aminations were omitted from last  
week's issue:  
Grade IX to Grade XI.—Olaf A. Wal-  
holm, Fred Lees, Earl Price.  
The editor regrets this mistake as  
much as anyone else, but having oc-  
curred the only possible course as a  
remedy is taken.

### LETTER FROM THE FRONT

(Continued from front page.)  
of the break several days away and  
mend it, all the while expressing their  
thoughts concerning the army in a  
by no means uncertain manner. They  
O. K. "Pip-Ack" and headquarters,  
and are just heading for home, when  
they hear a voice explaining in a  
funk-hole that he "cut a piece out of  
that old wire in the trench to fix the  
taps up in front." Language for the  
lieutenants from here on would have to  
be censored. Back at headquarters  
the operator is taking a message from  
"Pip-Ack" to the effect that the men  
have all changed socks except ONE  
please send one pair more. When we  
come out of the trenches we get a

### THE PALM

Ice Cream Parlor.

Flemish Beauty Pears, Bartlett  
Pears (last week), Malaga and Blue  
Grapes, Bananas, Apples, Oranges,  
Pickling Cucumbers and Green  
Peppers (last week of pickling sea-  
son).

Orders filled for any Fruit in  
season.  
The Best Bread in Coleman—40  
ounces of real bread for 25c.

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First-Class Tables and  
best of equipment in  
every respect. A com-  
fortable place to spend  
an evening.

**Complete Line  
Best Brands  
Soft Drinks**

First-class Barber Shop  
in connection

**SAM MOORE - PROPRIETOR**

bath and a change of underclothing.  
The day after we came out you would  
not recognize the bunch, no matter  
what the weather everyone cleans and  
shines until the outfit looks as if  
it came out of a hand box. Rifles are  
as spotless, brass, like a mirror,  
clothing brushed, shoes shining hair  
cut and faces shaved clean. It makes  
a fellow wonder how it can be done  
sometimes, but the results are always  
there and one always manages to get  
considerable time for whatever re-

### PEOPLES' FEED STORE

—SUST ARRIVED—  
**A CAR OF FEED AND  
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**G. SALVADOR**

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Stars like Mrs. Vernon Castle, Gladys  
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Moreno.

First Episode of The House of  
Hate Commences

**Tues. Sept. 3rd**  
One Night Only—don't fail to  
see it. Remember the date—  
September 3rd.

creation may be possible. In a great  
many ways the army could teach the  
civil population a lot. I suppose the  
clerics think they could teach us a lot  
and I wouldn't mind starting to take  
my lessons right now. Well I have  
rattled on at a rate, and you'll have  
to read this on the installment plan,  
so I'll ring off and give you a chance  
to get your other work done.